

the human condition BOOKSTORE

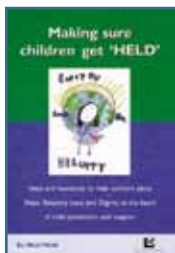


Level One, 288 High Street
Kew, Victoria
03 9855 2220
www.psychotherapy.com.au

❖ Titles from Russell House Publishing Ltd ❖

MAKING SURE CHILDREN GET HELD: *ideas and resources to help workers place hope, empathy, love and dignity at the heart of child protection and support*

Nicki Weld



Helps workers support and strengthen positive and protective relationships in children's lives. Offers explanations of key social and emotional competencies: hope, empathy, love and dignity (HELD), and, practical strategies and resources to help ensure children get

'HELD', can truly live out their potential, and are protected within families and communities. Includes brief examples, strategies and resources that are used to help explore the 'HELD' competencies with families and children.

Russell House Publishing • 2009 • PB • \$34.95

SEXUAL ABUSE ASSESSMENTS: *using and developing frameworks for practice*

Martin C. Calder



Problems with the recognition, assessment and management of sexual abuse continue. Addresses these challenges, building on and replacing Calder's "Complete Guide to Sexual Abuse Assessments" (RHP 2000). Reworked and expanded, this new book updates assessment

frameworks, incorporating latest research and practice wisdom; and adds several new frameworks, including those concerning rape, learning disability and the internet.

Russell House Publishing • 2008 • PB • \$109.95

SOLUTION-FOCUSED APPROACHES

Steve Myers



Provides practice examples and reflective exercises that help to illustrate how Solution-Focused approaches work. Includes examples that show how solution-focused approaches can be used by social, care, community and justice workers in statutory and voluntary agencies. Divided

into four parts: the theoretical influences on solution-focused approaches and a comparison with more traditional approaches; practice principles and techniques, using an interview structure that provides logical flow to the ideas; a discussion on the relevance of solution-focused approaches to anti-oppressive practice; and, outcome studies and evidence for effectiveness of solution-focused approaches.

Russell House Publishing • 2007 • HB • \$32.95

MEANING AND VALUES: *developing empowering practice*

Bernard Moss and Neil Thompson



Values help us make sense of our experiences and create meaning in our lives. An understanding of spirituality, religion and culture can illuminate and deepen this meaning making. This book offers 36 exercises, guidance on using them, case studies and suggestions for further

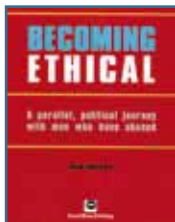
learning so 'helping' professionals can work in an empowering way with people who feel demoralised, helpless and oppressed, in ways that respect their values and sense of meaning.

Russell House Publishing • 2008 • PB • \$69.95

BECOMING ETHICAL: a parallel, political journey with men who have abused

Alan Jenkins

AUSTRALIAN AUTHOR!



The long-awaited update of the best-selling 'Invitations to Responsibility' (1990). A guide for those who work in the field of interventions with men who have engaged in violence or sexual abuse towards partners and family members. Intervention practices must

move beyond attempts to coerce, confront or educate.

Russell House Publishing • 2009 • PB • \$49.95

ONLY PICTURES? therapeutic work with internet sex offenders

Ethel Quayle, Marcus Erooga, Louise Wright and Max Taylor (Eds)



A collaboration between those engaged in research and treatment of people accessing internet child pornography. Practitioners are helped to: discriminate between different client presentations; assess the problem target; draw up and evaluate appropriate intervention programmes.

Russell House Publishing • 2006 • PB • \$57.95

MIXED-UP KIDS? race, identity & social order

Tina G. Patal



Increasingly children are growing up in mixed-race families. This book asks: why essentialist ideas about a single identity tend to dominate; what the consequences are for those who actively choose not to identify themselves as having a single racial identity; and, how policy and practice

can be improved. Analyses existing literature, and calls for recognition of these individuals.

Russell House Publishing • 2008 • PB • \$44.95

EMPATHY FOR THE DEVIL: how to help people overcome drugs and alcohol problems

Phil Harris



Explores practical ways of establishing or improving your practice by examining the core skills necessary for effecting change in problematic substance users. Explains the latest findings in effective practice and illustrates them with case examples. Steps beyond clinical, theoretical

and moral undertones to the reality of working with substance misuse. Provides positive and reflective support for both experienced and novice workers - or those affected by others' use.

Russell House Publishing • 2007 • PB • \$57.95

STORIES WE TELL OUR CLIENTS: alleviating suffering and understanding classic and innovative therapeutic approaches

Vered Slonim-Nevo and Itzhak Lander



Stories can comfort us as we realise our predicament is shared. Each story addresses a relevant theme, presents client and therapist perspectives and analyses the client's difficulties using classical theory, pioneering theory, research. Portrays traditional and innovative ways to conceptualise human

problems, and how to choose and apply the most appropriate therapeutic techniques.

Russell House Publishing • 2008 • PB • \$33.95

THE CARROT OR THE STICK: towards effective practice with involuntary clients in safeguarding children work

Martin C. Calder (Ed)



Offers systematic, evidence-based approaches that fit with practice wisdom and realities of work with clients who: actively seek help; only accept services when legally mandated or institutionalized; show varying degrees of motivation at different times. Covers: making and

maintaining working relationships with clients; consent and coercion; resistance and change; risk assessment, including risks to staff; and innovative ways of enhancing clients' motivation.

Russell House Publishing • 2008 • PB • \$109.95

INSTANT SESSION PLANS FOR ESSENTIAL LIFE SKILLS: *health and well-being*

Robin Dynes



A resource-bank of Instant Session Plans. Includes introduction and closing sessions and four sessions on each of ten topics: managing worries, looking after mental health, coping with depression, dealing with a crisis, healthy living, bereavement and loss, staying positive, changing your habits, taking risks, learning to relax. Each session contains aims, plans, homework, photocopyable handouts, and clear step-by-step instructions.

Russell House Publishing • 2008 • PB • \$79.95

INSTANT SESSION PLANS FOR ESSENTIAL LIFE SKILLS: *self management*

Robin Dynes



A resource-bank of Instant Session Plans. Includes introduction and closing sessions and 4 sessions on each of 10 topics: assertiveness, building confidence, time management, self-esteem, anger management, stress, daily living skills, managing change, self-awareness, and encouraging creative thinking. Each session contains aims, plans, homework, photocopyable handouts, and clear step-by-step instructions for the group leader.

Russell House Publishing • 2008 • PB • \$79.95

INSTANT SESSION PLANS FOR ESSENTIAL LIFE SKILLS: *learning and development*

Robin Dynes



A resource-bank of Instant Session Plans. Includes introduction and closing sessions and 4 sessions on each of 10 topics: unlocking your potential learning to learn; becoming self-motivated; self-coaching; emotional development; harnessing creativity; life management skills; understanding yourself;

learning from experience; and, planning for your future. Each session contains aims, plans, homework, photocopyable handouts, and clear step-by-step instructions for the group leader.

Russell House Publishing • 2009 • PB • \$79.95

INSTANT SESSION PLANS FOR ESSENTIAL LIFE SKILLS: *relationships*

Robin Dynes



Latest in the series. Includes 4 sessions on each of 10 topics: communication skills; relationship skills; resolving conflicts; building a support network; expressing feelings; making friends; working with other people; being part of a team; networking skills; interview skills. Each session contains aims, plans,

homework assignments, photocopyable handouts, and clear step-by-step instructions for the leader.

Russell House Publishing • 2009 • PB • \$79.95

THE BAREFOOT HELPER: *mindfulness and creativity in social work and the helping professions*

Mark Hamer



Celebrates the spirit and creativity of human beings. Encourages clients and workers to understand who they really are and what they really want; and helps them to create clear goals based on these insights. Draws on spiritual thinking and modern therapies to explore

how happiness comes from: doing the least harm; focused effort; clarity of thought; respect; awareness; clear goals; and making time both to take action and to stop 'doing things' and experience life directly.

Russell House Publishing • 2006 • PB • \$35.95

THE CHILD AND FAMILY IN CONTEXT: *developing ecological practice in disadvantaged communities*

Owen Gill and Gordon Jack



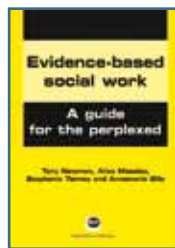
This book's evidence and case studies, drawn from lives in disadvantaged communities, illustrates ways of delivering innovative good practice that will be helpful to anyone concerned about the welfare of children, young people and families in these communities. Focuses on the

whole child, recognising the links between different parts of their lives: principally family, school and community.

Russell House Publishing • 2007 • PB • \$44.95

EVIDENCE-BASED SOCIAL WORK: *a guide for the perplexed*

Tony Newman, Alice Moseley, Stephanie Tierney and Annemarie Ellis



Aimed at professionally qualified practitioners and students. Explains not only the 'what' of evidence-based practice, or the 'why', but also the 'how'. Containing many practical examples and case studies, it is an eminently accessible introduction on how an evidence-based approach

to social work can become a reality.

Russell House Publishing • 2004 • PB • \$39.95

CHILDREN LIVING WITH DOMESTIC VIOLENCE: *towards a framework for assessment and intervention*

Martin C. Calder, Dr. Gordon T. Harold and Emma L. Howarth



Domestic violence represents a violation of human rights and causes far reaching damage to children's lives and development. This book guides professionals on how to draw on the best of theory, research and practice wisdom and apply it in a coherent way. Includes practice guidance

within a procedural framework, questions to ask, information, and checklists.

Russell House Publishing • 2004 • PB • \$58.95

WORKING WITH CHILDREN AND YOUNG PEOPLE WHO SEXUALLY ABUSE: *taking the field forward*

Martin C. Calder (Ed)



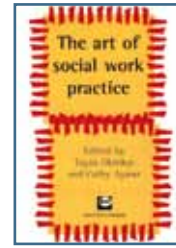
Essential reading for anyone who needs to keep up-to-date with how we understand and work with young people who sexually abuse. Reports on emerging areas of practice; offers contributions from professional disciplines who have recently become involved in this work; and provides

a single source for reference and practice on what is new and important. Addresses research and theory, assessment, intervention, treatment, engagement, management and outcomes.

Russell House Publishing • 2007 • PB • \$109.95

THE ART OF SOCIAL WORK PRACTICE

Toyin Okitiki and Cathy Aymer (Eds)



Social work is not only a science. It is also an art. This title explores the use of theory in social work and how theories enable practitioners to develop a deeper level of understanding of their practice. Practice examples, as well as questions, are posed for consideration to illustrate the applicability of the ideas and concepts under discussion and to encourage reflection and consideration of these ideas.

Russell House Publishing • 2008 • PB • \$39.95

THE ADULT IS PARENT TO THE CHILD: *transactional analysis with children and young people*

Keith Tudor (Ed)



Presents fundamental Transactional Analysis (TA) concepts and demonstrates the use of TA with children and young people. Explores the role of TA in therapeutic practice in the contexts of children and young people's environments, and of evolving TA theory. Contributions

from experienced TA practitioners - educators, psychotherapists, organisational consultants.

Russell House Publishing • 2006 • PB • \$39.95

SAFE CONTACT? *children in permanent placement and contact with their birth relatives*

Catherine Macaskill



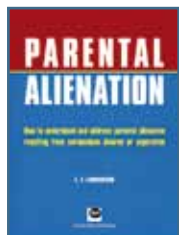
Examines: the issue of preparation of children and permanent foster and adoptive families for contact; the perspective of children who can talk from personal experience about contact with their birth relatives; the importance of confidentiality as a means to safeguard

children from further abuse; dilemmas in sibling contact. Covers contract agreements, timing of first contact, where to meet, who should attend, frequency, the emotional impact on the parties, sibling contact, confidentiality and who should support the child during contact.

Russell House Publishing • 2002 • PB • \$39.95

PARENTAL ALIENATION: how to understand and address parental alienation resulting from acrimonious divorce or separation

L. F. Lowenstein



Addresses parental alienation syndrome (PAS), calls for: judiciary to have a wider understanding of how parents can manipulate the system causing tragic consequences; children to be protected from the consequences of being alienated from a parent; both parents to be treated fairly by

the system. Proposes a revolution in thinking and behaviour. Draws on international research, identifies the signs of PAS and problems for parents and children when parental alienation occurs.

Russell House Publishing • 2007 • PB • \$79.95

DaiNa – DOMESTIC ABUSE IS NEVER ACCEPTABLE: a manual for working with women who have experienced, or are experiencing, domestic abuse

Nicci Vella and Doreen Murdin



Practical assistance on facilitating a group programme that supports women, helps them break cycles of abuse and move on from damaging relationships. Addresses: the impact of domestic abuse; why women choose to stay; and a child's perspective.

Practical advice and exercises on: recognising healthy and harmful relationships; exploring childhood; exploring feelings; communication; assertiveness and moving forward. Includes photocopiable handout sheets.

Russell House Publishing • 2006 • PB • \$57.95

ASSESSMENT IN CHILD CARE: using and developing frameworks for practice

Martin C. Calder and Simon Hackett (Eds)



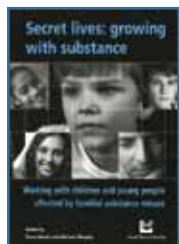
Presents a range of perspectives about assessment theory and practice. Includes frameworks for assessing: parenting; physical abuse of children; neglect; emotional abuse; failure to thrive; parents with mental health problems; parental substance misuse

and its impact on childcare; unborn children.

Russell House Publishing • 2002 • PB • \$89.95

SECRET LIVES: GROWING WITH SUBSTANCE – working with children who live with substance misuse

Fiona Harbin and Michael Murphy



New and challenging insights into working with children and young people who are brought up in substance misusing households or beginning to misuse substances themselves in this context. Substances are an integral factor in over a third of child

protection cases and an increasing number of family support referrals. Aids practitioners and managers in identification, assessment, treatment and support of children and siblings of substance misusers.

Russell House Publishing • 2008 • PB • \$79.95

POWER AND EMPOWERMENT

Neil Thompson

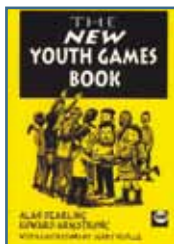


Empowerment has become a well-used term across a wide variety of work settings that involve dealing with people and their problems. But is it a central part of good practice or an empty word? And what of power? It is a central theme of human services practice but, like empowerment, is often only loosely examined.

Russell House Publishing • 2006 • PB • \$33.95

THE NEW YOUTH GAMES BOOK

Alan Dearing and Howie Armstrong



Based on the successful 'Youth Games Book' by the same authors, this work features over 200 games to encourage interaction between adults and young people. Intended for youth and social workers, teachers, parents and games enthusiasts, these games should help

young people to: develop literacy and numeracy skills; increase creativity and imagination; improve communication skills; cope with tension and stressful situations; ease the process of meeting new people; build trust, sensitivity and understanding; develop self-awareness and social skills; and build confidence.

Russell House Publishing • 2005 • PB • \$29.95

DEVELOPING SOCIAL SKILLS : a learning resource manual for trainers and educators working in non-traditional learning environments

Gillian Squirrel



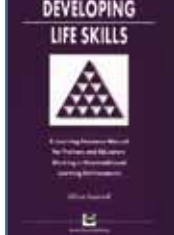
Developed for non-traditional learning environments. Aims to help people find a route to better self-image, improved self-esteem, increased social acceptability, less friction and fewer confrontations. Includes photocopiable and resourced activities. Covers: developing communication skills;

non-verbal communication; communities and relationships; understanding and managing emotions and feelings; managing myself; developing assertiveness skills; seeing it from others' points of view; relationships with partners; developing and maintaining partnerships; and dealing with authority.

Russell House Publishing • 1998 • PB • \$109.95

DEVELOPING LIFE SKILLS : a learning resource manual for trainers and educators working in non-traditional learning environments

Gillian Squirrel



Specially developed for use in non-traditional learning environments, this resource aims to help adult and young learners consider their personal development and help them to develop their life skills. Includes a host of photocopiable and fully resourced activities, supported with clear trainer's notes. Covers: identifying and managing stress; managing change and crisis situations; developing learning skills; developing an understanding of

the workplace and workplace skills; applying numerical skills; applying communication skills; managing time and money; identifying personal and transferable skills; developing personal support networks; food and nutrition; exercise and hygiene; positive attitudes; DIY - improving your home, your appearance and your chances.

Russell House Publishing • 1998 • PB • \$109.95

C IS FOR CONFIDENCE: a guide to running confidence building courses for women of all ages

Mary Blair and Lesley Wilson



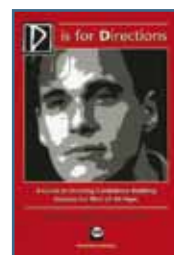
This manual has been designed as a 'pick-up-and-use tool' - fun, challenging and easy to use. Aimed at facilitators working with individuals or groups of women with low self-esteem, need to make changes, or lack direction in life. The text contains a step-by-step approach to guide facilitators

through the confidence-building course, and can be adapted to be used for one session, or over a period of time. There are tools, exercises and tips that should prove suitable for experienced facilitators and beginners alike.

Russell House Publishing • 2002 • PB • \$44.95

D IS FOR DIRECTIONS: a guide to running confidence building courses for men of all ages

Lesley Wilson, Mary Blair and Pat Armstrong



Aimed at groupwork facilitators working with men, particularly in welfare and justice contexts. Contains exercises that are designed to: unlock doorways to better self knowledge and understanding; encourage the sharing of experiences with others; and offer a range of life skill tools which promote self-acceptance and increase inner confidence. Designed as a 'pick up and use' tool.

Russell House Publishing • 2002 • PB • \$44.95

LOOKING GLASS: a positive communication workbook

Linda Regan, Carol Pelling and Sally Jones



Provides ideas and guidance on building positive relationships with young women in settings such as social work, child protection, residential care, youth offending, youthwork, adoption and fostering. Presented in a framework for eight sessions. Includes an opening session where boundaries are set, and agreement reached on issues such as recording, confidentiality and content, as well as a closing session where work can be reviewed, sessions formally ended or further sessions planned and agreed.

Russell House Publishing • 2002 • PB • \$47.95

CONTEMPORARY RISK ASSESSMENT IN SAFEGUARDING CHILDREN

Martin C. Calder (Ed)



Explains the concept of risk and risk assessment; explores key areas where risks need to be assessed; summarises relevant research and practice wisdom; examines dilemmas in the daily decision-making of staff and managers; considers how managers and staff are inevitably inconsistent in their

approaches and decision making. Reviews the origins and contemporary features of professional and organisational dangerousness, and suggests antidotes; examines the links between strengths (needs)-led and risk assessment practice; considers emerging dilemmas associated with rights, protection and responsibilities. Offers contemporary risk assessment frameworks.

Russell House Publishing • 2008 • PB • \$113.95

INVESTIGATIVE INTERVIEWING OF CHILDREN: achieving best evidence

Liz Davies and Debbie Townsend

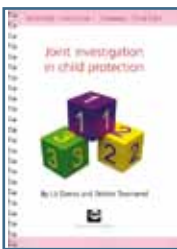


Designed to help improve the investigative interviewing of child victims and witnesses in possible child abuse cases. Provides material for extensive, advanced-level joint training of police officers and social workers. Follows statutory guidance on interviewing child victims and witnesses in criminal proceedings.

Russell House • 2008 • PB • \$136.95

JOINT INVESTIGATION IN CHILD PROTECTION

Liz Davies and Debbie Townsend



Addressing work done by police officers, social workers and any other professional linked to safeguarding children boards, this manual can help everyone involved to: understand and recognise what constitutes 'significant harm', focus on the children involved, develop suitable investigative skills, understand

the roles of fellow professionals from all other agencies sufficiently well to work effectively with, and if necessary, challenge them.

Russell House Publishing • 2008 • PB • \$99.95

SMART THINKING: helping young people develop moral reasoning and thinking skills about offending and anti-social behaviour

Don Rowe and Amanda Dickson



A comprehensive programme to help young people (12-18) think critically about offending and anti-social behaviour. Contains illustrated, photocopiable material for 10 two-hour sessions. Provides guidance to group workers for: encouraging the development of moral reasoning and thinking skills amongst young

people; improving their ability to think about moral aspects of everyday life, offending and anti-social behaviour; enhancing self-awareness; and, increasing communication skills.

Russell House Publishing • 2006 • PB • \$67.95

ADOLESCENCE: positive approaches to working with young people

Ann Wheal



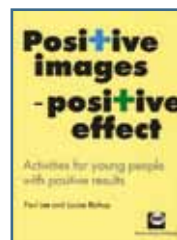
Toolbox of ideas, strategies and research evidence to support working with adolescents in meaningful ways. A guide to the variety of issues that need to be kept in mind when dealing with young people, consistently emphasising the importance of including them in all decisions

that affect their lives. Grounded in a respect for the dignity of each young person as they negotiate the treacherous path into adult life. Provides an adolescent's perspective on situations where all too often only a "professional" view is given.

Russell House Publishing • 2004 • PB • \$38.95

POSITIVE IMAGES - POSITIVE EFFECT: activities for young people with positive results

Paul Lee and Louise Bishop



111 short and easy-to-use activities designed to help young people work together to: positively address personal development issues; improve their views about themselves; respond positively to other people's concerns about them through problem solving, cooperation, and understanding

the needs of both the group and the individuals. Can be used with anyone from age 8 upwards regardless of ability, gender, strength or agility. For use in schools, youth work, and the outdoors.

Russell House Publishing • 2008 • PB • \$42.95



Order Online at www.psychotherapy.com.au or phone 03 9855 2220



ORDER FORM NOVEMBER 2009

The Human Condition Bookstore ABN: 73083230380

PsychOz Publications, PO Box 124, Kew, VIC, Australia 3101

Phone: 03 9855 2220 Fax: 03 9855 2225

All prices include GST and are in \$AUD and are subject to change without notice

NAME: EMAIL:

ADDRESS:

POSTCODE: PHONE:

I enclose a cheque to PsychOz Publications for \$

or

I wish to pay by (circle one) MC VISA

CARDHOLDER NAME:

CARD NUMBER: / /

EXPIRY DATE: /

SIGNATURE:

TITLES	PRICE
.....
.....
.....
.....

As a current subscriber to *Psychotherapy in Australia* I am entitled to 10% off the price of books

PLUS POSTAGE: \$7 for one book, \$9 for two or more (discount does NOT apply on postage amount)

TOTAL